



Root requests a 10-meal minimum and 48-hour advance order with the final menu count. Delivery within Salem is available for an additional \$20 (delivery beyond Salem for an additional fee).

35 Congress Street, Suite 2350 Salem, MA 01970 | 978-616-7615 ext. 102 | [RootNS.org](http://RootNS.org) | [shunt@rootns.org](mailto:shunt@rootns.org)

## SANDWICHES

### SIMPLE SANDWICH OFFERINGS

Simple Sandwich \$8.95

**Box Lunch** includes chips, cookie and a pickle \$12.95

Choice of:

Bread / white, wheat, wrap

Meat / ham, turkey, Italian selection

Cheese / provolone, Swiss, cheddar

Garnish / mayonnaise, mustard, tomato, lettuce

Vegetarian options are available

### DELUXE SANDWICH OFFERINGS

Deluxe Sandwiches \$11.95

**Deluxe Box Lunch** includes chips, cookie and pickles \$14.95

#### Shaved Pork Loin

balsamic syrup, fresh basil, tomato, mozzarella, sun-dried tomato aioli

#### Lemon Chicken

caramelized onions, roasted garlic hummus, arugula, pickled onions

#### Thai Vegetable

soy marinated cucumber, pickled carrots, sriracha aioli, avocado, cilantro

#### Herb Roasted Turkey

herb mayonnaise, field greens, Brie, fig jam

#### Roast Beef

horseradish mayonnaise, Gouda cheese, roasted peppers, lettuce

## SALADS

### SIMPLE SALAD OFFERINGS

Simple Salad \$9.95

**Box Salad** includes bread roll and cookie \$12.95, w/chicken \$14.95

**Caesar** / shaved romaine lettuce, house-made dressing, shaved parmesan, garlic croutons

**Greek** / shaved romaine lettuce, feta, olives, diced tomatoes, house-made dressing

**Field Salad** / shaved onions, pickled carrots and house-made lemon vinaigrette

**Chopped** / blend of fresh greens, diced tomatoes, red onion, egg, fresh herbs and blue cheese dressing

### SIGNATURE SALAD BOWLS WITH GRAINS

All salads served on our blend of hearty greens

#### Individual Salad Bowl

\$11.95, w/chicken \$13.95

**Box Salad Bowl** includes bread roll and cookie \$13.95, w/chicken \$15.95

**Tuscan** / orzo and baby white beans, pesto, herb ricotta, fire roasted peppers, balsamic reduction

**Asian** / three rice blend, shaved napa cabbage, sweet potato, shiitake mushrooms with hoisin, cashews

**Mediterranean** / marinated chickpeas, roasted cauliflower, lemon hummus, roasted sesame seed mix

**Mexican** / quinoa with cumin, marinated tomatoes, fresh cilantro, lime crema, fork mashed black beans

## ENTREES

**Thai Steak Salad** \$21pp

grilled flank steak on top of rice noodles tossed with cucumbers, mango, cashews and a selection of greens

**Shrimp and Citrus Bowl** \$23pp

poached shrimp with avocado, orange segments, quinoa, lots of fresh herbs and shaved cabbage

**Grilled Chicken Satay** \$20pp

soba noodles with peanut sauce and chopped Asian salad

**Grilled Lemon Salmon** \$21pp

toasted farro, cherry tomatoes, cucumbers, spinach, lemon tahini dressing

**Grazing Plate** \$19pp (a little bit of everything)

grilled chicken, deviled egg, sliced tomatoes, marinated mozzarella, pasta salad, prosciutto-wrapped asparagus

Before placing your order, please inform Root if anyone in your party has a food allergy. Consuming raw or under-cooked meat, shellfish, eggs or poultry may result in food-borne illness, especially if you have certain medical conditions.

# CATERING MENU

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## PLATTERS

Half platters feed 10 individuals / Full platters feed 20 individuals

### SIDE SALADS

#### Chopped

blue cheese / tomatoes / bacon  
\$23 half - \$46 full

#### Caesar

parmesan and croutons  
\$23 half - \$46 full

#### Farm

pickled vegetables / fresh herbs  
\$23 half - \$46 full

#### Greek

feta / olives / cucumbers  
\$23 half - \$46 full

### VEGETABLES

#### Roasted Medley

brussels / cauliflower / carrots  
\$38 half - \$71 full

#### Roasted New Potatoes

herb oil and spices  
\$33 half - \$61 full

#### Steamed Broccoli

butter and fresh lemon juice  
\$38 half - \$71 full

#### Eggplant Parmesan

red sauce and parmesan  
\$38 half - \$71 full

### PROTEIN

#### White Fish Fillet

blackened / miso / Lemon Butter  
\$15.99 per pound

#### Chicken

parmesan / adobo / lemon caper  
\$12.99 per pound

#### Turkey

BBQ / gravy / sweet and sour  
\$14.99 per pound

#### Pork

shaved loin / pulled / smoked  
\$14.99 per pound

#### Steak Tips

teriyaki / BBQ / herb  
\$15.99 per pound

### GRAINS

#### Rice

Spanish / stir fry / medley  
\$21 half - \$41 full

#### Beans

Mexican / Boston baked / Tuscan  
\$21 half - \$41 full

#### Artisan

quinoa / wild rice / pearl barley  
\$26 half - \$51 full

#### Fettuccini

creamy garlic sauce  
\$33 half - \$61 full

#### Penne

baked with red sauce and cheese  
\$33 half - \$61 full

#### Cheese Ravioli

topped with red sauce and cheese  
\$38 half - \$71 full

#### Spaghetti

pesto, fresh tomatoes and cheese  
\$33 half - \$61 full

### PASTAS

#### Fettuccini

creamy garlic sauce  
\$33 half - \$61 full

#### Penne

baked with red sauce and cheese  
\$33 half - \$61 full

#### Cheese Ravioli

topped with red sauce and cheese  
\$38 half - \$71 full

#### Spaghetti

pesto, fresh tomatoes and cheese  
\$33 half - \$61 full



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## ASSORTED PLATTERS

*Half platters feed 5 individuals / Full platters feed 10 individuals*

### Sliced Fruit

*\$23 half - \$46 full*

*Served with sliced lime  
and mint*

### Chips and Dip

*\$18 half - \$36 full*

*Tortilla chips with black bean,  
salsa, avocado, sour cream*

### Hummus Platter

*\$18 half - \$36 full*

*Served with carrots, celery,  
peppers and bread*

### Antipasto

*\$33 half - \$66 full*

*hummus, marinated vegetables,  
olives and artichokes, variety of cheeses*

### Quiche or Frittata

*\$21 veg - \$28 meat*

*Filled with a selection of  
vegetables and cheeses*

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## SWEETS

### Cookie or Brownie Plate

*\$15 for 6 - \$30 for 12*

### Assorted Breakfast Pastries

*\$18 for 6 - \$36 for 12*

### Whole Fruit Pie \$22

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## DRINKS, CHIPS AND MISC.

**Yogurt \$2.00**

**Bottled Water \$1.50**

**Box of Joe (Serves 10) \$20.00**

**Granola Bars \$1.75**

**Natural Soda/Naked Juice**

**Thermo (Serves 20) \$39.00**

**Potato Chips \$1.50**

*\$3.00/\$5.00*

*Includes sweeteners, creamers, stirrers, and cups*

# CATERING BY ROOT



35 Congress Street, Suite 2350  
Salem, Massachusetts 01970  
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shunt@RootNS.org

## Placing Orders

*We ask that you give us a minimum of 48 hours when placing your order.  
Any changes to orders require at least 48 hours notice.  
(Please inform us of any food allergies. We are not a nut or dairy free kitchen.)*

## Delivery

*Delivery fees are additional and based on distance from Root. Orders can also be picked up at Root during normal business hours: Monday–Friday: 8 AM–5:00 PM.*

## Billing:

*We accept cash, check, and credit card.*

*Root is a non-profit, culinary and food service training program established in 2016 to create opportunities for youth, ages 16 to 26, with barriers to employment in Essex County. When you partner with Root, you are choosing the best in food, service, and location, but more importantly, you are supporting young people in Essex County*

*Contact Root today at: shunt@RootNS.org 978-616-7615 ext. 102  
Shetland Park, Salem, MA  
www.RootNS.org*

## Praise for Catering by Root

*"It's a great day at Tower School when Root provides lunches for the teachers. Whether a delicious sandwich or a tasty salad, Root's ingredients are fresh and healthy, and it's easy to please everyone. We know at least one way to our teachers' hearts and that's Root!"*

**Serena Wilkie Gifford,**  
**Head of School, Tower School**

*"Project Adventure is thrilled to partner with Root to provide lunches for our workshop participants and corporate clients. We share similar missions to empower youth in our community so Root has become the perfect caterer for our programs. Chef Sam and the rest of the staff are so easy to work with, the food is always delivered on time, and we've received so many compliments from our participants that the food is incredible!"*

**Keri Hinchion, Workshop Registrar, Project Adventure, Inc.**

*"Harborlight Community Partners (HCP) collaborated with Root for our 2020 Annual Event, Re-Imagining Community, which had to go virtual. In trying to organize something fun and original, Root was a natural ally - given Root's program to support paths to independence for young adults and HCP's efforts to create affordable homes. This missional alignment was the perfect combination. Root is thorough and professional, flexible and creative, with outstanding menu options. We are so pleased to have worked with Root and look forward to continuing to do so in the future!"*

**Bethany Blake, Philanthropy & Marketing, Harborlight Community Partners**